



Constitutional Area 4 Europe



Number of clubs
in this region:

16,038

Average no. of adults with diabetes
in each club's community

3,457

| Constitutional Area overview | | Highest adult (20-79 years) diabetes cases | |
|---|---|--|--|
| Adult population 656 million | Adults with diabetes 55.4 million | 1 Russia 8.5 million | |
| Regional prevalence 8.6% | Undiagnosed diabetes cases 21.1 million | 2 Germany 7.5 million | |
| Diabetes-related deaths 448,268 | Children with Type 1 diabetes (0-19 years) 280,390 | 3 Turkey 6.7 million | |
| | | 4 Spain 3.6 million | |
| | | 5 Italy 3.4 million | |

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 425 million** people have diabetes; by 2045 this number will reach 629 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (212 million), and at a higher risk of developing harmful and costly complications
- ▶ **352 million** people are at risk of developing Type 2 diabetes, which is increasing in most countries
- ▶ **Over 1.1 million** children are living with Type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2017
- ▶ **79%** of adults with diabetes are living in low- and middle-income countries
- ▶ **1 in 7** More than 21 million live births (1 in 7) were affected by diabetes during pregnancy in 2017
- ▶ **727 billion** In 2017, diabetes caused at least US\$727 billion dollars in health expenditure—12% of total spending on adults.

IN PARTNERSHIP WITH



**International
Diabetes
Federation**

NEED MORE INFORMATION?

Visit lionsclubs.org to learn how Lions Clubs International is serving on the frontlines of diabetes

Diabetes Fact Sheet 2018-19

| Country/territory | Adult population (20-79 years) | Diabetes cases (20-79 years) | Diabetes national prevalence (%) | Undiagnosed diabetes cases (20-79 years) | Children with Type 1 diabetes (0-19 years) | Diabetes-related deaths (20-79 years) | Total Lions clubs | Avg. adults w/ diabetes per community | Country/territory | Adult population (20-79 years) | Diabetes cases (20-79 years) | Diabetes national prevalence (%) | Undiagnosed diabetes cases (20-79 years) | Children with Type 1 diabetes (0-19 years) | Diabetes-related deaths (20-79 years) | Total Lions clubs | Avg. adults w/ diabetes per community |
|---|--------------------------------|------------------------------|----------------------------------|--|--|---------------------------------------|-------------------|---------------------------------------|---|--------------------------------|------------------------------|----------------------------------|--|--|---------------------------------------|-------------------|---------------------------------------|
| Albania* | 2,069,320 | 248,980 | 12.03 | 101,180 | 410 | 2,460 | 25 | 9,959 | Kyrgyzstan* | 3,605,730 | 220,850 | 6.12 | 89,750 | 670 | 2,480 | 3 | 73,617 |
| IDF Member: Albanian Diabetes Association City: Tirana Phone: +355 44804342 | | | | | | | | | IDF Member: Diabetes and Endocrinological Association of Kyrgyzstan City: Bishkek Phone: +996 312 662684 | | | | | | | | |
| Andorra* | 51,170 | 6,050 | 11.82 | 2,160 | 20 | 30 | 2 | 3,025 | Latvia | 1,465,080 | 101,950 | 6.96 | 36,450 | 270 | 1,050 | 16 | 6,372 |
| IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | | IDF Member: Latvian Diabetes Federation City: Riga Phone: +371 7205003 | | | | | | | | |
| Armenia* | 2,201,930 | 168,380 | 7.65 | 68,430 | 470 | 2,010 | 12 | 14,032 | Liechtenstein* | 27,840 | 2,840 | 10.21 | 1,020 | 10 | 10 | 2 | 1,420 |
| IDF Member: Armenian Association of Diabetes City: Yerevan Phone: +37 410232410 | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| Austria | 6,484,670 | 591,980 | 9.13 | 211,650 | 2,590 | 2,860 | 335 | 1,767 | Lithuania | 2,108,000 | 108,710 | 5.16 | 38,870 | 730 | 1,280 | 44 | 2,471 |
| IDF Member: Österreichische Diabetes Gesellschaft City: Vienna Phone: +43 650 770 33 78 | | | | | | | | | IDF Member: Lithuanian Diabetes Association City: Vilnius Phone: +370 52620783 | | | | | | | | |
| Azerbaijan* | 6,914,780 | 484,610 | 7.01 | 196,630 | 2,030 | 4,880 | 2 | 242,305 | Luxembourg | 429,090 | 24,650 | 5.75 | 8,810 | 210 | 120 | 28 | 880 |
| IDF Member: Azerbaijan Diabetes Society City: Baku Email: +994 12 496 92 35 | | | | | | | | | IDF Member: Association Luxembourgeoise du Diabète City: Luxembourg Phone: +352 485361 | | | | | | | | |
| Belarus* | 7,080,920 | 482,500 | 6.81 | 196,080 | 1,230 | 7,540 | 17 | 28,382 | Macedonia* | 1,551,900 | 188,830 | 12.17 | 76,740 | 260 | 1,960 | 87 | 2,171 |
| IDF Member: Belarussian Humanitarian Organisation City: Minsk Phone: +375 172456797 | | | | | | | | | IDF Member: Macedonian Diabetes Association City: Skopje Phone: +389 23147253 | | | | | | | | |
| Belgium | 8,225,410 | 500,850 | 6.09 | 179,070 | 3,730 | 2,810 | 414 | 1,210 | Malta | 320,180 | 42,320 | 13.22 | 15,130 | 170 | 200 | 10 | 4,232 |
| IDF Member: Association Belge du Diabète City: Bruxelles Phone: +32 2 374 31 95 | | | | | | | | | IDF Member: Maltese Diabetes Association City: Valletta Phone: +356 21221518 | | | | | | | | |
| Bosnia and Herzegovina* | 2,940,260 | 366,910 | 12.48 | 149,100 | 500 | 3,690 | 13 | 28,224 | Moldova | 3,103,400 | 189,970 | 6.12 | 77,200 | 590 | 2,340 | 19 | 9,998 |
| IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | | IDF Member: Prodiab City: Chisinau Phone: +373 22471007 | | | | | | | | |
| Bulgaria | 5,393,960 | 424,290 | 7.86 | 137,850 | 1,130 | 5,980 | 77 | 5,510 | Monaco* | 27,840 | 2,190 | 7.87 | 780 | 10 | 10 | 3 | 730 |
| IDF Member: Bulgarian Diabetes Association City: Sofia Phone: +359 2 9310779 | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| Channel Islands* | 124,950 | 7,010 | 5.61 | 2,510 | 80 | - | 4 | 1,753 | Montenegro* | 450,540 | 57,870 | 12.85 | 23,520 | 260 | 660 | 3 | 19,290 |
| IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| Croatia | 3,136,440 | 219,030 | 6.98 | 91,990 | 1,290 | 1,630 | 115 | 1,905 | Netherlands | 12,482,540 | 969,830 | 7.77 | 346,750 | 6,700 | 4,770 | 506 | 1,917 |
| IDF Member: Croatian Association for Diabetes and Metabolic Disorders City: Zagreb Phone: +385 91 515 65 76 | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| Cyprus | 884,480 | 93,250 | 10.54 | 34,120 | 350 | 390 | 88 | 1,060 | Norway* | 3,826,290 | 298,010 | 7.70 | 106,550 | 3,670 | 1,350 | 655 | 455 |
| IDF Member: Cyprus Diabetes Association City: Nicosia Phone: +357 22669540 | | | | | | | | | IDF Member: Norges Diabetesforbundet City: Oslo Phone: +47 23051800 | | | | | | | | |
| Czech Republic | 8,060,460 | 767,800 | 9.53 | 274,510 | 3,910 | 5,630 | 44 | 17,450 | Poland | 29,259,880 | 2,235,780 | 7.64 | 1,008,130 | 14,540 | 18,100 | 113 | 19,786 |
| IDF Member: Ceska Diabetologicka Spolecnost City: Prague Phone: +420 222 513 053 | | | | | | | | | IDF Member: Polskie Stowarzyszenie Diabetyków City: Warsaw Phone: +48 226684719 | | | | | | | | |
| Denmark | 4,170,260 | 386,710 | 9.27 | 253,640 | 2,640 | 2,210 | 379 | 1,020 | Portugal | 7,680,310 | 1,065,030 | 13.87 | 464,250 | 2,200 | 5,790 | 265 | 4,019 |
| IDF Member: Diabetesforeningen City: Odense C Phone: +45 66129006 | | | | | | | | | IDF Member: Associação Protectora dos Diabéticos de Portugal City: Lisbon Phone: +351 213816107 | | | | | | | | |
| Estonia | 963,500 | 55,260 | 5.74 | 19,760 | 500 | 540 | 91 | 607 | Romania | 14,382,460 | 1,785,330 | 12.41 | 369,560 | 2,620 | 20,590 | 173 | 10,320 |
| IDF Member: Estonian Diabetes Association City: Tallinn Phone: +372 5119001 | | | | | | | | | IDF Member: Societatea Romana de Diabet, Nutritie si Boli Metabolice City: Bucharest Phone: +40 264599578 | | | | | | | | |
| Faroe Islands* | 34,740 | 2,460 | 7.08 | 880 | 30 | - | 9 | 273 | Russia | 106,960,060 | 8,455,300 | 7.91 | 4,540,500 | 43,080 | 115,990 | 111 | 76,174 |
| IDF Member: Diabetesfelag Foroya City: Torshavn Phone: +298 225012 | | | | | | | | | IDF Member: Russian Diabetes Federation City: Moscow Phone: +7 4991243500 | | | | | | | | |
| Finland | 4,040,020 | 370,350 | 9.17 | 224,360 | 7,290 | 2,060 | 1,186 | 312 | San Marino* | 23,900 | 2,080 | 8.71 | 740 | 10 | 10 | 2 | 1,040 |
| IDF Member: Finnish Diabetes Association City: Tampere Phone: +358 32960111 | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| France | 45,101,620 | 3,276,420 | 7.26 | 1,228,290 | 17,890 | 18,300 | 1,844 | 1,777 | Serbia* | 6,477,700 | 858,900 | 13.26 | 349,030 | 2,040 | 10,050 | 18 | 47,717 |
| IDF Member: Fédération Française des Diabétiques City: Paris Cedex 11 Phone: +33 1 56951856 | | | | | | | | | IDF Member: Serbian Association for the Study of Diabetes City: Belgrad Phone: +381 113639765 | | | | | | | | |
| Georgia* | 2,888,290 | 232,630 | 8.05 | 94,530 | 450 | 2,760 | 20 | 11,632 | Slovakia | 4,165,060 | 405,830 | 9.74 | 98,530 | 1,400 | 3,830 | 30 | 13,528 |
| IDF Member: Diabetic Children's Protection Association City: Tbilisi Phone: +995 322189800 | | | | | | | | | IDF Member: Diador City: Bratislava Phone: +421 244259901 | | | | | | | | |
| Germany | 61,314,030 | 7,476,800 | 12.19 | 2,555,420 | 28,580 | 40,200 | 2,571 | 2,908 | Slovenia | 1,558,780 | 161,570 | 10.37 | 57,770 | 550 | 950 | 93 | 1,737 |
| IDF Member: diabetesDE City: Berlin Phone: +49 3020167710 | | | | | | | | | IDF Member: Zveza Drustev Diabetikov Slovenije City: Ljubljana Phone: +386 14305444 | | | | | | | | |
| Greece | 8,051,270 | 578,260 | 7.18 | 206,750 | 2,060 | 3,070 | 209 | 2,767 | Spain | 34,360,010 | 3,584,530 | 10.43 | 1,017,650 | 15,770 | 15,560 | 229 | 15,653 |
| IDF Member: Hellenic Diabetes Association City: Athens Phone: +30 2107210935, +30 2108838113 | | | | | | | | | IDF Member: Sociedad Española de Diabetes City: Madrid Phone: +34 914013342 | | | | | | | | |
| Greenland | 34,803,000 | 880 | 2.54 | 320 | - | - | 7 | 126 | Sweden | 7,162,060 | 499,290 | 6.97 | 178,510 | 9,060 | 2,220 | 713 | 700 |
| IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | | IDF Member: Svenska Diabetesförbundet City: Sundbyberg Phone: +46 856482100 | | | | | | | | |
| Hungary | 7,437,470 | 706,800 | 9.50 | 117,820 | 3,170 | 8,580 | 101 | 6,998 | Switzerland | 6,330,940 | 469,410 | 7.41 | 167,830 | 2,060 | 1,750 | 308 | 1,524 |
| IDF Member: Magyar Diabetes Tarsasag City: Budapest Phone: +36 1 1759922 | | | | | | | | | IDF Member: Schweizerische Diabetes-Gesellschaft City: Baden Phone: +41 562001790 | | | | | | | | |
| Iceland* | 233,190 | 17,980 | 7.71 | 6,430 | 130 | 70 | 172 | 105 | Turkey | 52,353,900 | 6,694,460 | 12.79 | 2,558,810 | 25,670 | 46,270 | 981 | 6,824 |
| IDF Member: Samtök Sykursjúkra City: Reykjavik Phone: 354 562 5605 | | | | | | | | | IDF Member: Turkish Diabetes Association City: Istanbul Phone: +90 2163025316 | | | | | | | | |
| Ireland | 3,290,490 | 141,500 | 4.30 | 50,590 | 3,430 | 700 | 171 | 828 | Ukraine* | 33,869,830 | 2,836,310 | 8.37 | 1,152,600 | 7,470 | 41,500 | 32 | 88,635 |
| IDF Member: Diabetes Federation of Ireland City: Dublin 9 Phone: +353 18428118 | | | | | | | | | IDF Member: International Diabetes Association of Ukraine City: Kiev Phone: +380 0442352685 | | | | | | | | |
| Israel | 5,204,080 | 415,800 | 8.15 | 148,660 | 4,540 | 1,890 | 70 | 5,940 | United Kingdom (England & Scotland) | 46,941,250 | 2,747,710 | 5.85 | 508,330 | 40,340 | 14,590 | 1,250 | 2,198 |
| IDF Member: Israel Diabetes Association City: Rishon LeZion Phone: +972 39508222 | | | | | | | | | IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information. | | | | | | | | |
| Italy | 44,517,850 | 3,402,340 | 7.64 | 1,216,450 | 11,580 | 14,550 | 2,362 | 1,440 | Total | 655,604,950 | 55,435,391 | 8.62% (average) | 21,063,287 | 280,390 | 448,268 | 16,038 | 14,956 (average) |
| IDF Member: Associazione Italiana per la Difesa Degli City: Rome Phone: +39 0668803784 | | | | | | | | | | | | | | | | | |

*Data estimate provided by IDF from similar countries.