

ORIGINAL INSTRUCTIONS

03.03.2016



DE Lesen Sie vor Fahrtantritt unbedingt die Bedienungsanleitung, die Sie auf der CD finden. Falls Sie eine gedruckte Version benötigen, finden Sie die Bezugsquelle auf Seite 17 in diesem CD-Cover. Die Zustellung erfolgt kostenfrei.

EN For your safety and the proper use and care of your bike, you must read the instruction manual found on the CD before using your bike for the first time. If you require a printed version of the instructions, you can contact the supplier on page 39 of the CD cover to ask for a printed copy. Delivery is free.

ES Es indispensable que, antes de iniciar la marcha, lea las instrucciones de uso que encontrará en este CD. Si necesitara una versión impresa, diríjase a la fuente de suministro que figura en la página 61 de la carátula de este CD. El envío es gratuito.

FR Prenez impérativement connaissance du mode d'emploi que vous trouverez sur le CD avant le départ. Si vous avez besoin d'une version imprimée, vous trouverez les coordonnées pour en faire la demande en page 83 de la jaquette de ce CD. Elle vous sera remise gratuitement.

IT Si prega assolutamente di leggere con attenzione, prima della corsa, le istruzioni per l'uso che si trovano sul vostro CD. Nel caso in cui abbiate necessità di una versione stampata, potete trovare dove ordinarla alla pagina 105 sulla copertina del CD. Il recapito è gratis.

NL Lees vóór aanvang van de rit beslist de gebruiksaanwijzing, die u op de cd vindt. Indien u een gedrukte versie nodig hebt, vindt u het inkoopadres op pagina 127 in deze cd-cover. De bezorging volgt vrij van de kosten.

AR اقرأ تعليمات الاستخدام التي تجدها على السي دي قبل البدء بالسفر، وإن كنت بحاجة إلى نسخة مطبوعة فإنك تجد المصدر على الصفحة 39 من غطاء هذا السي دي. يتم الإرسال مجاناً.

BE Перад пачаткам руху абавязкова прачытайце інструкцыю па абслугоўванню, якую Вы знойдзеце на CD. У тым выпадку, калі Вам патрэбна друкаваная версія інструкцыі, інфармацыю пра яе набыццё Вы можаце знайсці на старонцы 39 вокладкі для CD. Друкаваная версія будзе дастаўлена Вам бясплатна

BG Преди да направите обиколка с велосипеда непременно прочетете Инструкцията за обслужване, която ще намерите върху CD. Ако Ви е необходима печатна версия, референтен източник ще намерите на страница 39 от корицата на този CD. Доставя се безплатно.

CZ Před nastoupením jízdy si bezpodmínečně přečtěte návod na použití, který naleznete na CD. Potřebujete-li tištěnou verzi, zdroj můžete najít na straně 39 v tomto obalu na CD. Dodání je bezplatné.

DA Inden køreturen startes, skal du ubetinget læse den brugsanvisning, som du finder på CD'en. har brug for en trykt version, finder du indkøbsstedet på side 39 i dette CD-cover. Tilsendingen er gratis.

ET Palun lugege enne sõidu algust tingimata käsitsemisjuhendit, mille Te leiate CD pealt. Kui Te soovite saada trükitud versiooni, siis Te leiata allika CD ümbrise leheküljelt 39. Kättetoimetamine on tasuta.

FI Lue ehdottomasti täällä CD:llä oleva käyttöohje ennen ajon alkua. Painetun käyttöohjeen hankintapaikan löydät tarvittaessa näistä CD-kansista sivulta 39. Lähetys on ilmainen.

GR Διαβάστε πριν από τη χρήση οπωσδήποτε τις οδηγίες χρήσεως, τις οποίες μπορείτε να τις βρείτε στο CD. Εάν χρειάζεσθε τις οδηγίες χρήσεως σε έντυπη μορφή, θα βρείτε την πηγή προμήθευσής στη σελίδα 39 σε αυτό το CD-Cover. Η αποστολή θα διενεργηθεί δωρεάν.

HE

הנך מתבקש/ת לקרוא לפני הרכיבה הראשונה את הוראות השימוש הנמצאות על הדיסק. היה וברצונך בעלות שימוש מודפס על נייר, תמצאו מקור הזמנת בעמוד 39 בעטיפת דיסק זה. משלוח העלון המודפס אינו נדרש בעלויות.

HR Prije početka vožnje obavezno pročitajte upute za uporabu koje ćete naći na CD-u. Ako trebate tiskanu verziju, referentni izvor naći ćete na stranici 39 ovitka ovog CD-a. Dostava je besplatna.

HU Kérjük indulás előtt mindenképpen olvassa el a CD lemezen található kezelési útmutatót. A kezelési útmutató nyomtatott verzióját a CD borító 39 oldalán található címen rendelheti meg. A szállítás ingyenes.

JP ご使用前に、CDに入っている使用説明書を必ずお読みください。印刷された説明書が必要な場合は、CDカバーの39ページをご覧ください。無償でお送りいたします。

KO 자전거를 타시기전에 전에 CD에 있는 사용설명서를 꼭 읽으셔야합니다. 만약 귀하께서 인쇄된 사용설명서를 필요로 하실 경우는 이 CD 커버의 39 페이지에 있는 공급처를 찾으세요. 무료로 송부됩니다.

LT Prieš važiuodami būtinai perskaitykite naudojimo instrukciją, kurią rasite kompaktiniame diske.

Jeigu Jums prireiktų spausdinto naudojimo instrukcijos varianto, tiekėjo duomenis rasite šio kompaktinio disko dėklo 39 puslapyje. Spausdintą naudojimo instrukciją pristatome nemokamai.

LV Pirms pirmās braukšanas reizes, lūdzu, uzmanīgi izlasiet lietošanas pamācību, kas ir ierakstīta CD diskā.

Ja lietošanas pamācība Jums ir nepieciešama drukātā versijā, tad nosūtiet pieprasījumu uz šā CD vāciņa 39 lappuspusē norādīto adresi. Piegāde ir bezmaksas.

NO Det er svært viktig at du, før du begynner å sykle, leser bruksanvisningen som du finner på CDen. Hvis du trenger en trykt versjon, finner du forhandleren på side 39 i dette CD-coveret. Leveringen er omkostningsfri.

PL Przed użyciem proszę się koniecznie zapoznać z instrukcją obsługi, która znajduje się na płycie CD. W razie potrzeby drukowane źródło informacji znajduje się na okładce płyty CD, na stronie 39. Dostawa jest bezpłatna.

PT Antes de usar a bicicleta leia em todos casos o manual de instruções que se encontra no CD. Em caso que necesite uma versão impressa, encontrará a direcção do fornecedor na página 39 desta caderneta. O envio será gratuito.

RO Citiți înainte de a circula cu bicicleta neapărat instrucțiunile de utilizare, pe care le găsiți pe CD. Dacă aveți nevoie de o versiune tipărită, atunci sursa de procurare o găsiți la pagina 39 din această copertă de CD. Expedierea se realizează gratuit.

RU Перед началом поездки обязательно прочитайте инструкцию по эксплуатации, находящуюся на CD. Если Вам необходим напечатанный вариант, на странице 39 обложки CD Вы найдете адрес для заказа. Доставка выполняется бесплатно.

SK Pred začiatkom jazdy si bezpodmienečne prečítajte návod na obsluhu, ktorý nájdete na CD. Ak potrebujete tlačenú verziu, zdroj nájdete na strane 39 v tomto obale na CD. Doručenie je bezplatné.

SL Poleg navodil za uporabo si preberite tudi navodila pred začetkom vožnje, ki so shranjena na CD-ju. Če potrebujete tiskano različico navodil, je na strani 39 v ovitku CD-ja naveden vir, kjer lahko naročite brezplačno tiskano različico navodil.

SV Det är av största vikt du läser bruksanvisningen innan du kör första gången. Bruksanvisningen finns på CD:n. Om du behöver bruksanvisningen i tryckt form, kan du hitta en leverantör på sidan 39 i CD-omslaget. Leveransen sker kostnadsfritt.

TH ก่อนใช้รถ คุณต้องอ่านวิธีการใช้ที่มีอยู่ในซีดีให้เข้าใจก่อน หากคุณต้องการอ่านข้อความ เป็นใบพิมพ์ออกมา คุณจะติดต่อขอได้โดยดูหน้า 39 ในปกซีดีนี้ จะจัดส่งไปให้โดยไม่คิดเงิน

UK Перед початком руху обов'язково ознайомтеся з інструкцією з експлуатації, яка знаходиться на компакт-диску. Якщо вам потрібна друкована версія, координати місця, де її можна отримати, ви можете знайти на сторінці 39 в обкладинці цього компакт-диска. Доставка безкоштовна.

ZH 使用前请务必阅读操作说明书，操作说明书可在光盘上找到。如果您需要印刷版本的说明书，可在本光盘封套内的第 39 页找到来源。免费寄送。

Table of Contents

I. Safety information	33		
I.I Legal regulations - International	34		
I.II Before your first ride	34		
I.III Cycling	35		
I.IV Adjustment, maintenance and repair	37		
II. Information pack	38		
II.I CD	38		
II.II Component guides	39		
II.III Service book	40		
III. Cycle dealer	40		
1. Before your first ride	41		
1.1 Attaching the pedals	41		
1.2 Adjusting the saddle height	42		
1.2.1 Determining the correct saddle height	42		
1.2.2 Adjusting the saddle height: Seat clamp(s)*	43		
		1.2.3 Adjusting the saddle height: Quick-release skewer*	44
		2. Adjusting the height and angle of the handlebars	45
		3. Wheels and tyres	46
		3.1 Fastening quick-release wheels*	46
		3.1.1 Attaching wheels with quick-release axles*	48
		4. Shifting and tilting the saddle	50
		4.1 Screw supports: Shifting and tilting the saddle	51
		4.2 Twin-screw supports: Shifting and tilting the saddle	51
		4.3 Clamp attachment: Shifting and tilting the saddle	53
		4.4 Suspension seatpost	53

Congratulations on the purchase of your new FOCUS bike!

To ensure that you travel safely and with maximum enjoyment, please read the following Abridged User Manual and the Original User Manuals you will find on the CD. Please also follow the component guides and the service book.

Abridged User Manual

I. Safety information



DANGER

Ensure that your cycle dealer has provided you with all the documents included with the bike upon delivery. Keep this User Manual and the other documents in the information pack for future reference. Pass the manual and the information pack on to anyone who uses, maintains or repairs this bike. Failure to do so can lead to uncertainty which may cause death, severe injuries and/or damage to the bicycle.

Read this manual carefully before riding the bike for the first time. Please also read and follow the other documents in the information pack. Familiarise yourself with the appearance and meaning of the safety information symbols. Should you have any queries, please contact your cycle dealer. Failure to comply with safety symbols and instructions can result in death, very serious injuries and/or damage to the bicycle. The manufacturer's liability and any warranty are deemed null and void for any damage or injury caused by a failure to adhere to safety symbols and instructions.

I.I Legal regulations - International



DANGER

The bike must satisfy the requirements laid down in the relevant national traffic regulations and all applicable standards. Failure to comply may result in very serious accidents and/or fines. If you carry out any technical modifications, bear in mind the relevant national traffic regulations and applicable standards.

Always observe the relevant national traffic regulations. Failure to comply may result in very serious accidents and/or fines. Find out about applicable local legislation before using your bike abroad.

Never ride "hands free". This could lead to a severe fall - or even death - and is furthermore considered an offence. You must always have at least one hand on the handlebars.

Do not allow yourself to be distracted. Do not use headphones to listen to music when riding the bike. Do not use a mobile phone when riding the bike. If you do not fully concentrate on the traffic, you risk being involved in a serious accident or fall with fatal consequences.

I.II Before your first ride



DANGER

Adjust the bike to your height. If it is not set to your height, you can lose control of the bike and have a serious fall. We recommend asking your cycle dealer to assemble and adjust the bike. Otherwise, components could become loose due to a faulty assembly. Should this happen whilst you are cycling, you could injure yourself very seriously or even die.

**DANGER**

Ask your cycle dealer to show you how to use your bike and explain its special features and components. Please also follow the component guides. Failure to do so can lead to uncertainty which may cause death, severe injuries and/or damage to equipment.

Practise braking in a safe place before venturing into road traffic. In some instances, the braking effect can be different or stronger than what you are used to. If you do not take the time to familiarise yourself with the braking effect, you could cause a serious accident. Practise until you feel safe. Dismount if you ever feel unsafe.

I.III Cycling

**DANGER**

Check that the brakes work and that the handlebars can move freely before every ride. Do not use the bike if it is not in perfect technical condition. If you are unsure, ask your cycle dealer to check it, if necessary.

Replace any damaged (e.g. cracks, grooves) or bent components before using the bike again. Not doing so can lead to essential parts failing and cause a serious fall.

Do not exceed the total permissible weight of the bike, as this can lead to the fracture or failure of important safety components. If this happens while you are riding the bike, it can lead to severe falls – with fatal consequences. Ask your cycle dealer for advice.



DANGER

Do not exceed the maximum carrying capacity of the pannier rack. Excess weight could cause the pannier rack to break. You will find information on the resilience of your pannier rack inscribed on the rack.

Attach any luggage securely and check its correct fit regularly. If it is not secure, straps etc. can get caught up in the spokes and/or rotating wheels. Serious falls can result.

All quick-release systems must be correctly tightened before you set off. Check that they are correctly fitted before every ride and after every time the bike is left unsupervised, even for a short time. Otherwise, attached components may work loose; if this should happen whilst you are cycling, you could fall. This could result in serious injuries.

In the interests of your own safety, a suitable helmet should always be worn. A bicycle helmet can protect you from severe head injuries. Make sure that the helmet fits properly.



WARNING

Adapt your speed to the terrain, conditions and your driving ability. Always use sufficiently powerful lights when cycling in unfavourable lighting conditions (fog, rain, twilight, dark). When cycling in wet conditions, brake carefully and in good time, as the braking distance is considerably longer. Failure to do so can lead to accidents and serious injuries.

I.IV Adjustment, maintenance and repair



DANGER

Always remove the battery (if relevant) before working on the Pedelec. The cycle could switch on without warning. You could be seriously injured and there is also a risk of an electric shock.

We recommend asking your cycle dealer to assemble and adjust the bike. Otherwise, components could become loose due to a faulty assembly. Should this happen whilst you are cycling, you could injure yourself seriously or even die. Should you need to tighten something yourself, you can find the torque settings on the components, in the component guides or in the Original User Manuals. These torque settings must be respected.

Only use appropriate tools to tighten screws and bolts. Observe the specified torque setting. The component manufacturer's torque settings take precedence (where available). Failure to comply can result in screws/bolts becoming loose, tearing away or fracturing. If that happens while you are riding the bike, components may come off and you could have a severe crash. If screws are overtightened, other components can also be damaged. Tighten all screws and bolts that are relevant for safety with a torque wrench. This indicates the corresponding torque in newton metres (Nm).

Only use marked and adapted original replacement parts when replacing parts. Ask your cycle dealer for advice.

Ask your cycle dealer to check your bike regularly.

II. Information pack

II.I CD

The CD includes the "Original User Manual | General" in several languages, which provides general information on the different types of bikes and their components. You will also find all the Pedelec manuals in PDF format. If you have an Internet connection, you can also navigate to the Derby Cycle Werke homepage. The CD can be played on any standard PC or laptop. Proceed as follows:

Method A

1. Insert the CD.
2. Left-click the shelexec.exe file twice.
3. Select the required language.
4. Select "Open User Guide from CD" or "Check Online for New Version of User Guide".

Method B

1. Insert the CD.
2. Right-click once on "Open Folder to Show Files".
3. Left-click "Start" twice.
4. Select the required language.
5. Select "Open User Guide from CD" or "Check Online for New Version of User Guide".



You will need the Adobe Reader application to read the manuals. It is included on the CD; you can also download it for free from <https://acrobat.adobe.com/de/de/products/pdf-reader.html>.

You can order all the Derby Cycle Werke User Manuals ("Original User Manual | General" and "Original User Manual | Pedelec") for free by writing to the following address:

Derby Cycle GmbH
Siemensstraße 1-3
49661 Cloppenburg, Germany
+49 (0)4471 966-111
info@derby-cycle.com

II.II Component guides

The component guides contain important information on the use and maintenance of the components of your bike. They will often also provide information on any warranties. If there is no specific manual for the component that interests you, please consult our "Original User Manual | General" (CD) or the homepage of the relevant component manufacturer. You can also find a list of our component manufacturers at <http://www.derby-cycle.com/en/downloads/focus/component-manuals-focus.html>.



II.III Service book

In the accompanying service book, you will find the warranty terms, a list of wear parts, a cycle passport, and forms to use for initial sale, maintenance and owner changes.

DANGER



Keep the service book appropriately up-to-date and adhere to the maintenance intervals. Components can fail if wear and damage are not identified in good time. Should this happen whilst you are cycling, you could injure yourself very seriously or even die. Replace any worn, damaged or bent components before using the bike again.

III. Cycle dealer

Ask our cycle dealers for advice. Our brand homepage lists all the cycle retailers in your area:

FOCUS

<http://www.focus-bikes.com/gb/en/dealer-search.html>



1. Before your first ride

1.1 Attaching the pedals

1. Screw the right hand pedal (marked 'R') clockwise into the right hand pedal crank.
2. Screw the left hand pedal (marked 'L') anti-clockwise into the left hand pedal crank.



DANGER



Screw the pedals in straight, otherwise, you could damage the thread on the pedal crank; if this happens when you are cycling, it could cause a severe fall.

3. Tighten both pedals towards the front wheel with a torque of 40 Nm.

1.2 Adjusting the saddle height

WARNING

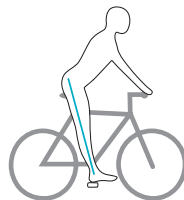


Seatpost marking

The seatpost is marked to indicate how far you may pull it out from the frame. Please also follow the instructions provided by the frame manufacturer, as these can vary. **Never pull the seatpost further out than the marking.** This could cause it to bend or break and cause you to fall.

1.2.1 Determining the correct saddle height

1. Sit on the bike and lean against a wall.
2. Turn the foot pedal on the opposite side to the wall to its lowest point.
3. Place your heel on the pedal. Your leg should be fully extended. Your pelvis must not shift sideways.
4. If your leg is not fully extended when your heel is on the pedal, raise the saddle. Lower the saddle if you cannot reach the pedals.



For 3. Extend leg

1.2.2 Adjusting the saddle height: Seat clamp(s)*

1. Use an Allen key to loosen the seat clamp(s) by turning them anti-clockwise.
2. Move the seatpost into the right position. Take heed of the marking.
3. Tighten the seat clamp(s) by turning them anti-clockwise with a torque wrench. If no value is shown on the component, use the torque settings from the following table:



For 1. Loosen seat clamp(s)



For 3. Tighten seat clamp(s)



Thread

M5 / M6 / M8

Tightening torque [Nm]

M5: 5 / M6: 10 / M8: 20

ANGER



Only use appropriate tools to tighten screws and bolts. Observe the specified torque setting. Screws that have not been tightened properly with a torque wrench are at risk of breaking, which could lead to severe falls.

4. Try to twist the saddle to check that it is firmly fixed.

*dependent on model

1.2.3 Adjusting the saddle height: Quick-release skewer*



DANGER

The quick-release skewer must be correctly closed before you set off. Check that it is correctly fitted before every ride and after every time the bike is left unsupervised, even for a short time. Otherwise, the seatpost may come loose; if this should happen whilst you are cycling, you could fall. This could result in serious injuries.

1. Open the quick-release skewer by swinging the lever 180°. You will generally be able to read "OPEN" on the inside of the lever.
2. Move the seatpost into the right position. Take heed of the marking.
3. Close the quick-release skewer by swinging the lever back 180°. You will generally be able to read "CLOSE" on the outside of the lever.



For 1. Quick-release skewer open



For 3. Quick-release skewer closed

**DANGER**

It should be so hard to close the quick-release skewer that you need to use the balls of your hands (120 N: corresponds to a weight force of 12 kg). You should have the mark of the lever imprinted on your hand. Otherwise, it could open when you are cycling, which could lead to the seatpost coming loose and cause you to fall. If you close the quick-release skewer too tightly, the seatpost can break; if this should happen when you are cycling, you could fall.



Quick-release skewer is too easy to close

1. Open the quick-release skewer.
2. Turn the adjusting nut **clockwise**.
3. Swing the quick-release lever closed again.
4. Repeat if necessary.

Quick-release skewer is too stiff to close

1. Open the quick-release skewer.
2. Turn the adjusting nut **anti-clockwise**.
3. Swing the quick-release lever closed again.
4. Repeat if necessary.

4. Try to twist the saddle to check that it is firmly fixed.

2. Adjusting the height and angle of the handlebars

**DANGER**

Ask your cycle dealer to perform these adjustments. Otherwise, you run the risk of loose handlebars which could lead to a fall causing severe injuries.

3. Wheels and tyres



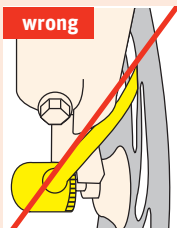
DANGER

Dot not exceed or fall below the permissible tyre and wheel rim pressure. If the air pressure is too high, this could lead to a worst-case scenario of the tyres bursting and you could fall. On the other hand, if the air pressure is constantly too low, the tyre can wear prematurely. The permissible tyre and, where relevant, wheel rim pressure is given in bar and psi (pounds per square inch) on the side of the tyre and, where relevant, on the wheel rim. The air pressure must not exceed the lowest degree permissible. You can measure the tyre pressure yourself by using a tyre gauge. Alternatively, you can contact your cycle dealer.

3.1 Fastening quick-release wheels*



DANGER

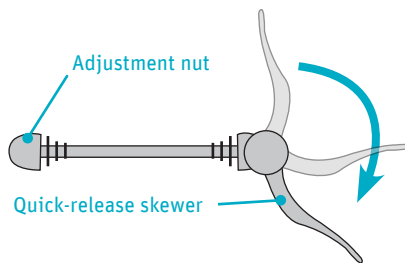


Quick-release
skewer and brake
disk collide

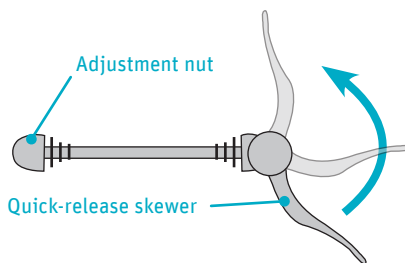
Front wheel: The quick-release lever should be on the opposite side to the brake disk (if present). If the quick-release lever is on the same side as the brake disk, there is a risk that the quick-release lever and brake disk will collide and block the bicycle (see fig.), which can cause very serious accidents.

All quick-release systems must be correctly tightened before you set off. Otherwise, the attached wheels may work loose; if this should happen whilst you are cycling, you could fall. This could result in serious injuries.

1. Open the quick-release skewer by swinging the lever 180°. You will generally be able to read "OPEN" on the inside of the lever.
2. Close the quick-release skewer by swinging the lever back 180°. You will generally be able to read "CLOSE" on the outside of the lever.



For 1. Open the quick-release skewer



For 2. Close the quick-release skewer



Quick-release skewers cannot be closed by simply turning the lever.

DANGER



It should be so hard to close the quick-release skewer that you need to use the balls of your hands (120 N: corresponds to a weight force of 12 kg). You should have the mark of the lever imprinted on your hand. Otherwise, it could open when you are cycling, which could lead to the wheel becoming loose and cause you to fall.



Quick-release skewer is too easy to close

1. Open the quick-release skewer.
2. Turn the adjusting nut **clockwise**.
3. Swing the quick-release lever closed again.
4. Repeat if necessary.

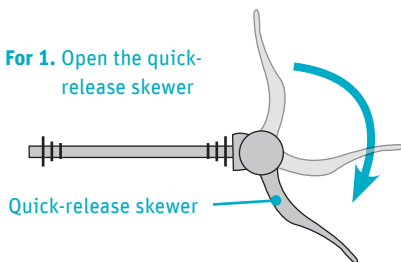
Quick-release skewer is not easy to close

1. Open the quick-release skewer.
2. Twist the adjustment nut **anticlockwise**.
3. Swing the quick-release lever closed again.
4. Repeat if necessary.

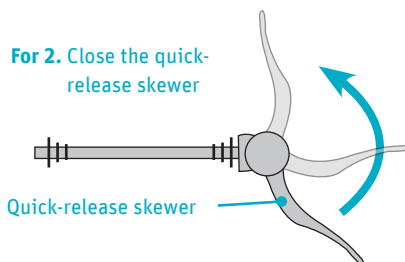
3.1.1 Attaching wheels with quick-release axles*

1. To loosen the quick-release axle, hook the quick-release skewer in the nut and turn it anti-clockwise until the quick-release axle extends about 1 cm above the axle bore.
2. To tighten the quick-release axle, hook the quick-release skewer in the nut and turn it clockwise. This will screw the axle in the thread. Close the quick-release skewer by swinging the lever 180°.

For 1. Open the quick-release skewer



For 2. Close the quick-release skewer





Quick-release skewers cannot be closed by simply turning the lever.



DANGER

It should be so hard to close the quick-release skewer that you need to use the balls of your hands (120 N: corresponds to a weight force of 12 kg). You should have the mark of the lever imprinted on your hand. Otherwise, it could open when you are cycling, which could lead to the wheel becoming loose and cause you to fall.



Quick-release skewer is too easy to close

1. Open the quick-release skewer.
2. Hook the quick-release skewer in the nut and turn it **clockwise**. This will screw the axle in the thread.
3. Close the quick-release skewer.
4. Repeat if necessary.

Quick-release skewer is not easy to close

1. Open the quick-release skewer.
2. Hook the quick-release skewer in the nut and turn it **anti-clockwise** until the quick-release skewer can be closed.
3. Close the quick-release skewer.
4. Repeat if necessary.

4. Shifting and tilting the saddle

DANGER



Never clamp the saddle in the curve of the saddle rail; always do it in the straight section. Only shift the saddle within the straight section (fig. 1). Saddles that stay clamped outside this area can fail (fig. 2).



Fig. 1



Fig. 2

Use a torque wrench to tighten the clamping screws. Observe the specified torque setting. If no value is shown on the component, use the torque settings from the following table:

Thread	Tightening torque [Nm]
M5 / M6 / M7 / M8	M5: 5 / M6: 10 / M7: 14 / M8: 22

Failure to comply can result in screws/bolts becoming loose, tearing away or fracturing. If that happens while you are riding the bike, components may come off and you could have a severe crash. If screws are overtightened, other components can also be damaged.

4.1 Screw supports: Shifting and tilting the saddle

1. Loosen the clamping screw by turning it anti-clockwise. Turn the screw completely two to three times at most or the whole mechanism could fall apart.
2. Shift the saddle forwards or backwards as desired.
3. Tilt the bicycle saddle to the desired angle.
4. Tighten the clamping screw by turning it clockwise with a torque wrench.
5. Ensure that the newly-tightened saddle does not tip; test it by pressing down on the front and back alternately.



For 1. Loosen the clamping screw

4.2 Twin-screw supports: Shifting and tilting the saddle

DANGER



Screw the clamping screws fully in a straight position in the nuts. Failure to do so can result in the screws tearing out of the nuts.

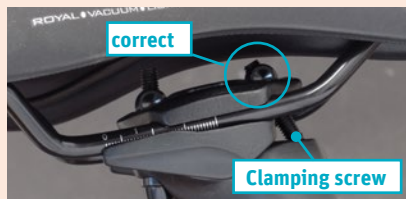


Fig. 1



Fig. 2

1. To shift the saddle, loosen the front and rear screws by turning them anti-clockwise. Turn the screws completely two to three times at most or the whole mechanism could fall apart.
2. Shift the saddle forwards or backwards as desired.
3. Tighten the screws using a torque wrench to turn them clockwise.
4. To alter the angle of the saddle, loosen the front screw by turning it anti-clockwise. Turn the screw completely two to three times at most or the whole mechanism could fall apart.
5. Tighten the front screw with the same number of turns.
6. Ensure that the newly-tightened saddle does not tip; test it by pressing down on the front and back alternately.



For 1. Loosen screws

4.3 Clamp attachment: Shifting and tilting the saddle

1. Turn the clamping nut clockwise to loosen it. You may need to keep the nut on the other side in place with a second key.
2. Shift the saddle forwards or backwards as desired.
3. Tilt the bicycle saddle to the desired angle.
4. Turn the clamping nut clockwise to tighten it. You may need to keep the nut on the other side in place with a second key. Observe the correct torque setting.
5. Ensure that the newly-tightened saddle does not tip; test it by pressing down on the front and back alternately.



For 1. Loosen clamping nut

4.4 Suspension seatpost

ANGER



Ask your cycle dealer to adjust the suspension elements of the seatpost.



WWW.FOCUS-BIKES.COM