



Lions Clubs International

# Diabetes Fact Sheet



Lions Clubs International

2018-19 EDITION

**Constitutional Area 7** Australia, New Zealand, Papua New Guinea, Indonesia & The Islands of the South Pacific Ocean



Number of clubs  
in this region:

**4,223**

Average no. of adults with diabetes  
in each club's community

**7,090**

Constitutional Area overview	
Adult population <b>193 million</b>	Adults with diabetes <b>12.6 million</b>
Regional prevalence <b>11.5%</b>	Undiagnosed diabetes cases <b>8.5 million</b>
Diabetes-related deaths <b>127,970</b>	Children with Type 1 diabetes (0-19 years) <b>20,860</b>

Highest adult (20-79 years) diabetes cases	
<b>1</b> Indonesia	<b>10.3 million</b>
<b>2</b> Australia	<b>1.1 million</b>
<b>3</b> Papua New Guinea	<b>639,810</b>
<b>4</b> New Zealand	<b>326,060</b>
<b>5</b> Timor-Leste	<b>32,900</b>

## Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 425 million** people have diabetes; by 2045 this number will reach 629 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (212 million), and at a higher risk of developing harmful and costly complications
- ▶ **352 million** people are at risk of developing Type 2 diabetes, which is increasing in most countries
- ▶ **Over 1.1 million** children are living with Type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2017
- ▶ **79%** of adults with diabetes are living in low- and middle-income countries
- ▶ **1 in 7** More than 21 million live births (1 in 7) were affected by diabetes during pregnancy in 2017
- ▶ **727 billion** In 2017, diabetes caused at least US\$727 billion dollars in health expenditure—12% of total spending on adults.

IN PARTNERSHIP WITH



**International  
Diabetes  
Federation**

### NEED MORE INFORMATION?

Visit [lionsclubs.org](http://lionsclubs.org) to learn how Lions Clubs International is serving on the frontlines of diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 8th Edition 2017. Visit [diabetesatlas.org](http://diabetesatlas.org) for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

# Diabetes Fact Sheet 2018-19

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with Type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
<b>Australia</b>	17,519,740	1,132,970	6.47	403,840	13,210	4,580	2,579	439
IDF Member: Diabetes Australia   City: Canberra Act   Phone: +61 1300 136 588								
<b>Fiji Islands</b>	562,730	81,730	14.52	43,480	30	840	21	3,892
IDF Member: Diabetes Fiji   City: Suva   Phone: +679 3215370; +679 3215206								
<b>Indonesia</b>	166,531,670	10,276,120	6.17	7,571,440	5,550	114,070	810	12,687
IDF Member: Persatuan Diabetes Indonesia   City: Jakarta   Phone: +62 21 3100075								
<b>New Caledonia and Dependencies*</b>	185,140	46,180	24.94	22,400	10	-	23	2,008
IDF Member not applicable. Contact the IDF at <a href="mailto:idf.wpr@idf.org">idf.wpr@idf.org</a> for more information.								
<b>New Zealand</b>	3,213,370	326,060	10.15	83,830	1,970	1,370	754	432
IDF Member: Diabetes New Zealand   City: Wellington   Phone: +64 0800 342 238								
<b>Papua New Guinea</b>	4,172,600	639,810	15.33	341,630	30	6,460	22	29,082
IDF Member: Diabetic Association of Papua New Guinea   City: Konedobu   Phone: +675 3201795								
<b>Timor-Leste*</b>	568,960	32,900	5.78	17,570	40	370	3	10,967
IDF Member not applicable. Contact the IDF at <a href="mailto:idf.wpr@idf.org">idf.wpr@idf.org</a> for more information.								
<b>Tonga</b>	55,780	7,260	13.01	500	0	70	5	1,452
IDF Member: Tonga Diabetes Association   City: Tofoa   Phone: +676 23200								
<b>Vanuatu*</b>	148,980	16,170	10.85	8,630	10	130	2	8,085
IDF Member: Vanuatu Diabetes Association   City: Port-Vila   Phone: +678 22512								
<b>Samoa</b>	101,180	7,410	7.33	3,560	10	80	4	1,853
IDF Member not applicable. Contact the IDF at <a href="mailto:idf.wpr@idf.org">idf.wpr@idf.org</a> for more information.								
<b>Total</b>	<b>193,060,150</b>	<b>12,566,610</b>	<b>11.46% (average)</b>	<b>8,496,880</b>	<b>20,860</b>	<b>127,970</b>	<b>4,223</b>	<b>7,090 (average)</b>

\*Data estimate provided by IDF from similar countries.