Social connection leads to less anxiety and depression

RESTORING A COMMUNITY CENTER AND HOPE

Dilapidated. Run down. Abandoned. Fortunately, these terms no longer describe Sonrisas Community Center in Montevideo, Uruguay. It wasn’t long ago, however, that that’s exactly what the center was. Thanks to Leos, a US$5,000 Leo Service grant from Lions Clubs International Foundation (LCIF), and support from Fundación Leones del Uruguay, Sonrisas is once again a warm and inviting gathering place for children and families.

Vacant for a decade, the building had fallen into disrepair, the surrounding property suffering severe neglect as well. Damaged walls inside and out, peeling paint, filthy floors, overgrown bushes, weeds galore, and trash strewn everywhere… The job was daunting.

“To help the neighbourhood kids and our community, we needed a plan,” said a Leo volunteering on the project and gaining valuable leadership skills in the process. “We developed a timeline and budget; divided the tasks between Leos, Lions, and community volunteers; and got to work. With support from the Foundation, the center is now happy and welcoming. We visit the children every Saturday to play games and even started a community garden.”
Vulnerable Populations Challenged

Though many are spared challenges of living life limited by disease; disability; or vulnerability due to age, gender, or economic or familial status, many in this part of the world are not and often require humanitarian services.

72M
Latin American and Caribbean children live in poverty^2

≥83,000
cases of measles recorded
Measles once eliminated in the Americas^3

70%
of Latin American and Caribbean children with disabilities don’t attend school^4

THAT’S HERE. GLOBALLY, THE PICTURE LOOKS LIKE THIS:

15% of the world’s population experience disability
prevalence higher for developing countries^5

~1 in 3 children worldwide lives in poverty^6

High social connectedness
increased chance of longevity^7

LCIF AND LIONS
Funding Service, Delivering Solutions

Since 1968, LCIF has funded Lions service around the world. We continue our support, helping Lions deepen their commitment to their communities.

lcif.org/humanitarian

MATCHING GRANTS
fund construction and equipment costs
US$10,000 - US$100,000

DISTRICT AND CLUB
COMMUNITY IMPACT GRANTS
apply to district and club projects
GRANT AMOUNT VARIES

LEO SERVICE GRANTS
fund Leo-led projects
US$1,500 - US$5,000

Hunger, Diabetes, and Childhood Cancer grants are also available.

SOURCES/NOTE: ^1Stanford Medicine; ^2^3^4 UNICEF; ^5The World Bank Group; grant limits subject to change

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Humanitarian efforts is just one cause area supported by LCIF and Campaign 100: LCIF Empowering Service. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.