



Lions Clubs International
FOUNDATION

Lions, Leos and LCIF:

Prioritizing Mental Health and Well-Being

Serving With Compassion

Mental health is essential to overall well-being. Around the world, Lions and Leos are leading efforts to reduce stigma, raise awareness, provide education and expand access to care and build supportive communities. Through Lions Clubs International Foundation (LCIF), these efforts grow stronger, bringing hope and healing to those who need it most.

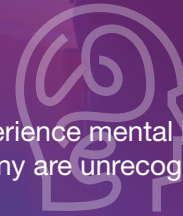
25%

Increase in rates of anxiety and depression since 2020



1 in 7

Youths age 10-19 experience mental health conditions, though many are unrecognized and untreated



14%

Of adults aged 60+ live with a mental health disorder. Loneliness and social isolation are key risk factors



20

Countries still criminalize attempted suicide, and stigma and discrimination remain against those with mental health conditions worldwide



Grant Opportunities

LCIF offers a variety of grant opportunities that empower Lions and Leos to support mental health and well-being initiatives:

- **District and Club Community Impact Grants (DCG)** empower Lions to support humanitarian activities in their communities.
- **Matching Grants** help establish or expand Lions-initiated humanitarian service projects that provide construction or equipment to address critical and diverse human and social needs around the globe.
- **Lions Quest Grants** support the development, implementation or expansion of the Lions Quest social and emotional learning programs.
- **Leo Service Grants** allow Leos to use the support of LCIF to make a bigger impact in their communities.

Every LCIF grant program strengthens quality of life and creates a lasting positive impact on mental health and well-being worldwide. Learn more at lionsclubs.org/grantstoolkit.

LCIF Grants in Action

Lions and Leos use a variety of LCIF grants to fund humanitarian projects, improving mental health in their communities.

District and Club Community Impact Grants (DCG)

Japan

Lions in Japan used a DCG to host a youth baseball tournament. The event provided seven local baseball teams an opportunity to develop physical fitness, sportsmanship, social skills and community connections through organized competition.

United States

Lions in the United States used a DCG to develop a dynamic team-based obstacle course designed to challenge the physical endurance and mental acuity of children. Intended for children who experience anxiety with physical activities, it provides a supportive and encouraging environment to help them overcome their fears.

Matching Grants

Guinea

LCIF grant funding enabled the Lions in Guinea to expand and restore a primary school by replacing deteriorating, overcrowded classrooms with safe, bright and spacious learning environments. With the addition of clean latrines, a water point and outdoor play areas, as well as improved housing for on-site teachers, the project is providing more children with a learning environment where they can thrive.

Canada

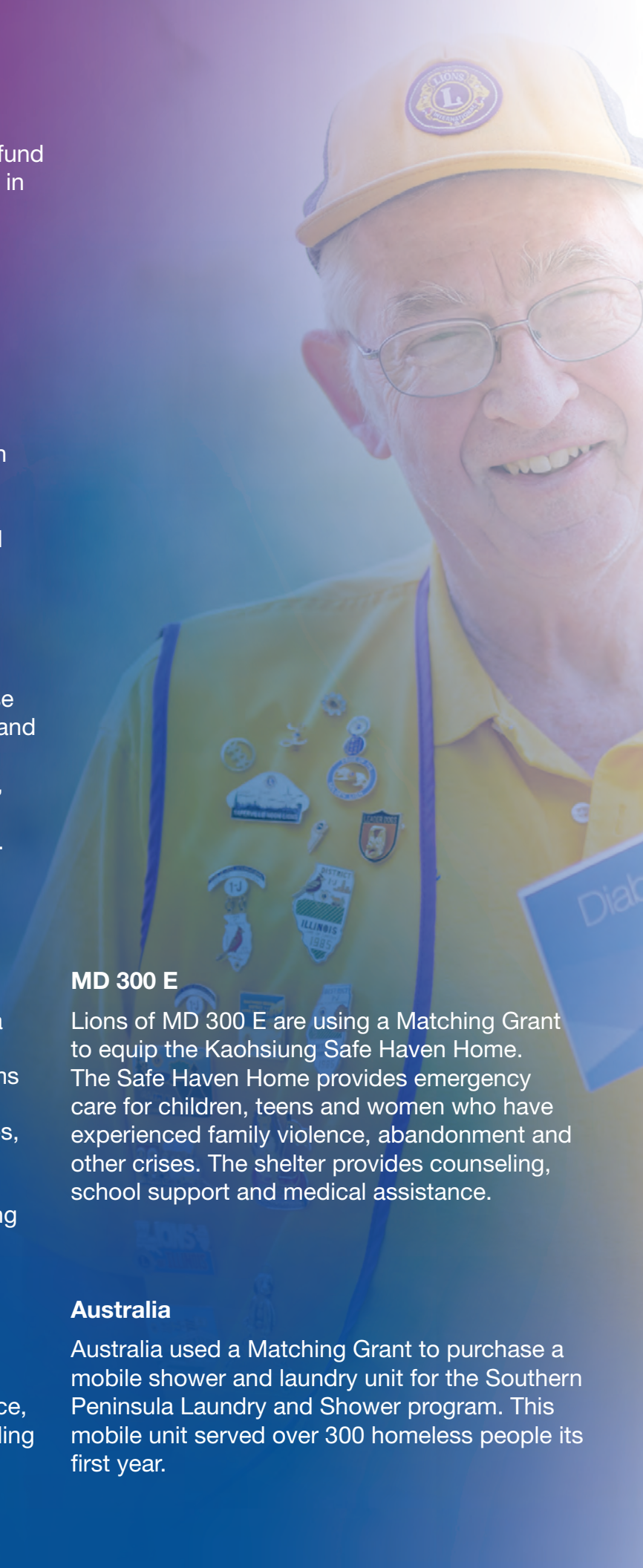
In Ontario, Canada, a Matching Grant helped a hospice facility construct a therapeutic garden and courtyard, incorporating Indigenous practice, community engagement and nature based healing into holistic care for patients and their families.

MD 300 E

Lions of MD 300 E are using a Matching Grant to equip the Kaohsiung Safe Haven Home. The Safe Haven Home provides emergency care for children, teens and women who have experienced family violence, abandonment and other crises. The shelter provides counseling, school support and medical assistance.

Australia

Australia used a Matching Grant to purchase a mobile shower and laundry unit for the Southern Peninsula Laundry and Shower program. This mobile unit served over 300 homeless people its first year.





Lions Quest Grants

Peru

Recognizing that children's social skills following the COVID-19 pandemic had worsened, Lions in Peru used an LCIF grant to bring the Lions Quest Program to more schools in marginal urban areas. Funds were used to train teachers from 16 schools, as well as provide teaching materials and an assessment to help measure the program's success. More than 5,000 students benefited from the implementation.

India

Since 2018, LCIF grant funding has enabled Lions in India to partner with the Lions Quest in India Foundation to deliver Lions Quest programming in more than 175 public and private schools in all four Lions districts of MD-3231, benefiting over 60,000 students.

Leo Service Grants

Brazil

Lions and Leos used a Leo Service Grant to promote active aging and social integration for the elderly in Brazil. The initiative promoted physical activities, recreational events and psychosocial support for 60 seniors.

Italy

In Italy, Lions and Leos received a Leo Service Grant to transform a municipal space into a community hub called "The Den." Leos cleaned, painted and furnished the facility with items to host weekly tutoring, art, musical and recreational activities for youth facing social, economic and family challenges.

Partnering for Progress

LCIF's partnerships are strategic collaborations that strengthen Lions' ability to deliver vital support and address the mental health impacts communities experience.



United Nations
Office on Drugs and Crime

LCIF partners with the United Nations Office on Drugs and Crime (UNODC) to implement the Lions Quest program across the globe, focusing on drug prevention and promoting social and emotional learning among youth.



**Special
Olympics**

For 25 years, the LCIF–Special Olympics partnership supports mental health by expanding access to care, fostering inclusion, building resilience, raising awareness and supporting families.



**World Health
Organization**

For over 30 years, LCIF has partnered with the World Health Organization (WHO), the United Nations specialized agency for health and well-being.



**World Food
Program USA**

LCIF's partnership with World Food Program USA enhances mental health and well-being by reducing stress from food insecurity, supporting child development, restoring hope in crises, building community resilience and strengthening families.

You Can Help

Every donation to LCIF sustains grants that help improve health and well-being, strengthen communities and support people in need, locally and globally.

Donate now at lionsclubs.org/donate.

Together, Lions, Leos and LCIF are breaking stigma, restoring hope and making mental health a global priority.



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