



# Humanitarian Efforts



## Social connection leads to less anxiety and depression<sup>1</sup>

### CAMP AND CONNECTIONS



Along the shore of Ontario's Lake Waseosa, in picturesque Muskoka, Camp Huronda's 100 acres offer gorgeous waterfront, lush forest, and rugged trails waiting to be explored.

These are what draw 600 7-15-year-olds to the area each summer. These, and Camp Huronda's dedication to giving the children – all living with type 1 diabetes – a fun-filled summer experience and a chance to connect with new friends.

Owned by the Canadian Diabetes Association, the camp opened in 1964. From the start, Lions have volunteered at Huronda, where campers swim, hike, canoe, wall climb, make pottery, mountain bike, and more under the watchful eye of medical professionals. They also learn healthy practices and important aspects of diabetes management.

"We're thankful for this recent LCIF grant to help the kids."

Using a Matching grant of nearly US\$23,000 from Lions Clubs International Foundation (LCIF), Lions replaced the camp's weather-worn dock area, making it wheelchair accessible and adding a pontoon boat launch. "In 2013, support from LCIF helped us build Huronda's education center," said one Lion who volunteers there each year. "We're thankful for this recent LCIF grant to help the kids even more."



# Vulnerable Populations Challenged

Though many are spared challenges of living life limited by disease; disability; or vulnerability due to age, gender, or economic or familial status, many in Canada are not and often require humanitarian services.



**\$16.8B**

**rise in Canadian GDP**  
with investment in workplace accessibility for .55M with disabilities<sup>2</sup>



**Low social connection**

is worse for health than smoking, high blood pressure, obesity<sup>3</sup>



**73%**

of children with disabilities never take part in community groups/activities<sup>4</sup>

**THAT'S HERE. GLOBALLY, THE PICTURE LOOKS LIKE THIS:**



**15%**

of the world's population experience disability  
prevalence higher for developing countries<sup>5</sup>



High social connectedness = **50%**  
increased chance of longevity<sup>6</sup>



**~20M**

people need hospice care annually  
~3M receive it<sup>7</sup>

## LCIF AND LIONS

### Funding Service, Delivering Solutions

Since 1968, LCIF has funded Lions service around the world. We continue our support, helping Lions deepen their commitment to their communities.

**MATCHING GRANTS**  
fund construction and equipment costs

**US\$10,000 - US\$100,000**

**DISTRICT AND CLUB COMMUNITY IMPACT GRANTS**

apply to district and club projects

**GRANT AMOUNT VARIES**

**LEO SERVICE GRANTS**  
fund Leo-led projects

**US\$1,500 - US\$5,000**

[lcif.org/humanitarian](http://lcif.org/humanitarian)

SOURCES/NOTE: <sup>1,2,3</sup>Stanford Medicine; <sup>4</sup>The Conference Board of Canada; <sup>5</sup>Standing Senate Committee on Human Rights; <sup>6</sup>The World Bank Group; <sup>7</sup>Worldwide Hospice Palliative Care Alliance and World Health Organization; grant limits subject to change

**Hunger, Diabetes, and Childhood Cancer grants are also available.**



**Lions Clubs International  
FOUNDATION**

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Humanitarian efforts is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE  
BY SUPPORTING YOUR  
FOUNDATION**

[lionsclubs.org/donate](http://lionsclubs.org/donate)