



1 in 11 adults globally has diabetes¹

IMPROVING AWARENESS AND OUTCOMES



"Through early detection, counseling, and disease management, Lions are saving sight and preventing amputations for their neighbors." These words, from District

Governor Rajesh Kolarikkal, reflect the powerful outcomes of a Lions diabetes project launched just last year.

When Lions of Kerala learned their state was the diabetes capital of India, they immediately partnered with local Amrita Institute of Medical Sciences and the National Health

"LCIF enables us to help improve quality of life."

Mission. With grant funding from Lions Clubs International Foundation (LCIF), the partnership implemented an ambitious program training health workers and Lions to screen for diabetes, referring those at risk to government health centers and those at high risk to Lions diabetes camps, where a 40-member medical team provides education and addresses complications of diabetes.

To date, 24 Lions camps have screened 3,500 people+ in 24 local bodies in Kerala, 36 percent, 39 percent, and 30 percent of whom have been diagnosed with diabetic retinopathy, neuropathy, and peripheral arterial disease, respectively. "The magnitude of the problem is immense," said Kolarikkal. "LCIF enables us to help improve quality of life by preventing complications of the disease and help prevent onset of type 2 diabetes."

Diabetes





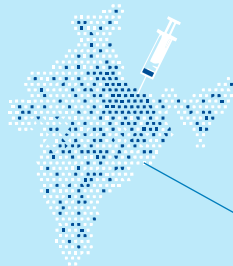
A Disease of Epic Proportion

87.6 million.

According to the International Diabetes Federation (IDF), that's the number of people in this part of the world who have diabetes². But that's just the beginning. Consider these sobering insights into the disease the World Health Organization says is the eighth leading cause of death worldwide³:

58% Expected rise in type 2 diabetes in India

Estimated cases: 87 million⁴



#2 India has the world's second largest number of 0-19-year-olds with type 1 diabetes⁵

~88% of adults with diabetes in IDF's South-East Asia region live in India⁶

THAT'S HERE. GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million

20-79-year-olds had diabetes
Cases expected by 2045: 700 million

50%

of diabetes cases were undiagnosed

10%

of all health expenditure on adults was due to diabetes

374 million

people were at increased risk of type 2 diabetes

4.2 million deaths

were caused by diabetes

Type 1 diabetes has no known cause nor cure; combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behaviour modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more⁷.

LCIF AND LIONS

Funding Service, Delivering Solutions

Since 2000, diabetes' prevalence has risen more than 300%⁸. LCIF and Lions are there, and part of the solution to this global epidemic.

lcif.org/diabetes

DIABETES GRANTS
support screenings,
health facility access,
education, camps

**UP TO
US\$250,000**

MATCHING GRANTS
fund large-scale
construction and
equipment costs

**US\$10,000 -
US\$100,000**

**DISTRICT AND
CLUB COMMUNITY
IMPACT GRANTS**
apply to district
and club projects

**GRANT
AMOUNT VARIES**

SOURCES/NOTE: ^{1,2,5,6}International Diabetes Federation; ^{3,4,7,8}World Health Organization; grant limits subject to change



Lions Clubs International
FOUNDATION

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Diabetes is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE
BY SUPPORTING YOUR
FOUNDATION**

lionsclubs.org/donate