1 in 11 adults globally has diabetes¹

IMPROVING AWARENESS AND OUTCOMES

There’s a compelling reason global awareness days and months exist. In the case of diabetes, that reason is twofold: stemming a worldwide epidemic and saving lives.

According to the International Diabetes Federation (IDF), 50 percent of people with type 2 diabetes are unaware they have the disease². This frightening statistic holds true in Nigeria, where Lions, supported with a nearly US$50,000 Diabetes grant from Lions Clubs International Foundation (LCIF), launched an ambitious year-long project targeting healthcare workers and the public in five Nigerian states. When the project concludes, an estimated 200 professionals+ will have been trained in accordance with World Health Organization standards, and some 10,000 residents will have been screened and counseled on prevention and care of the disease IDF says took four million lives in 2017³.

One such resident, 59-year-old Edafe Egone, said, “I saw a Lions banner advertising free diabetes screenings. I was shocked my blood sugar was so high. I have no family history. A doctor prescribed medication and referred me for a follow-up. Without LCIF and Lions, I wouldn’t know my health status. I am profoundly grateful.”

¹ lcif.org

² Lions Clubs International Foundation

³ Lions Clubs International Foundation

⁴ Lions Clubs International Foundation
A Disease of Epic Proportion

143%.

That’s the projected increase in the number of people in the African Region who by 2045 will have diabetes. It’s also the largest projected percentage increase in the world between now and then. Also consider these sobering statistics:

4 in 5 people with type 2 diabetes in Africa lack access to needed insulin

THAT’S HERE.
GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million 20-79-year-olds had diabetes

50% of diabetes cases were undiagnosed

10% of all health expenditure on adults was due to diabetes

374 million people were at increased risk of type 2 diabetes

4.2 million deaths were caused by diabetes

Type 1 diabetes has no known cause nor cure; combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behaviour modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more.

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LCIF AND LIONS
Funding Service, Delivering Solutions
Since 2000, diabetes’ prevalence has risen more than 300%. LCIF and Lions are there, and part of the solution to this global epidemic.

lcif.org/diabetes

SOURCES/NOTE: 1/International Diabetes Federation; 2/World Health Organization; grant limits subject to change