



1 in 11 adults globally has diabetes¹

IMPROVING AWARENESS AND OUTCOMES



There's a compelling reason global awareness days and months exist. In the case of diabetes, that reason is twofold: stemming a worldwide epidemic and saving lives.

According to the International Diabetes Federation (IDF), 50 percent of people with type 2 diabetes are unaware they have the disease².

This frightening statistic holds true in Nigeria, where Lions, supported with a nearly US\$50,000 Diabetes grant from Lions Clubs International Foundation (LCIF), launched an ambitious year-long project targeting healthcare workers and the public in five Nigerian states. When the project concludes, an estimated 200

professionals+ will have been trained in accordance with World Health Organization standards, and some 10,000 residents will have been screened and counseled on prevention and care of the disease IDF says took four million lives in 2017³.

One such resident, 59-year-old Edafe Egone, said, "I saw a Lions banner advertising free diabetes screenings. I was shocked my blood sugar was so high. I have no family history. A doctor prescribed medication and referred me for a follow-up. Without LCIF and Lions, I wouldn't know my health status. I am profoundly grateful."

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Diabetes



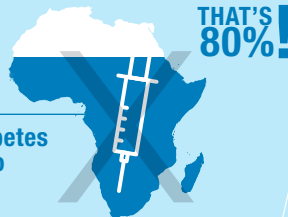
A Disease of Epic Proportion

143%.

That's the projected increase in the number of people in the African Region who by 2045 will have diabetes. It's also the largest projected percentage increase in the world between now and then⁴. Also consider these sobering statistics:

4 in 5

people with type 2 diabetes in Africa lack access to needed insulin⁵



2/3

of low-income countries have the highest proportion of undiagnosed cases of diabetes⁶



THAT'S HERE. GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million

20-79-year-olds had diabetes
Cases expected by 2045: 700 million

50%

of diabetes cases were undiagnosed

10%

of all health expenditure on adults was due to diabetes

374 million

people were at increased risk of type 2 diabetes

4.2 million deaths

were caused by diabetes

Type 1 diabetes has no known cause nor cure; combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behaviour modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more.⁷

LCIF AND LIONS

Funding Service, Delivering Solutions

Since 2000, diabetes' prevalence has risen more than 300%⁸. LCIF and Lions are there, and part of the solution to this global epidemic.

lcif.org/diabetes

DIABETES GRANTS
support screenings,
health facility access,
education, camps

**UP TO
US\$250,000**

MATCHING GRANTS
fund construction and
equipment costs to meet
large-scale needs

**US\$10,000 -
US\$100,000**

**DISTRICT AND
CLUB COMMUNITY
IMPACT GRANTS**
apply to local district
and club projects

**GRANT
AMOUNT VARIES**

SOURCES/NOTE: 1,2,3,4,5)International Diabetes Federation; 6,7,8)World Health Organization; grant limits subject to change



Lions Clubs International
FOUNDATION

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Diabetes is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE
BY SUPPORTING YOUR
FOUNDATION**

lionsclubs.org/donate