



Africa



Number of clubs in this region:

3,521

Average no. of adults with diabetes in each club's community

14,537

Area overview	
Adult population 570 million	Adults with diabetes 27.8 million
Regional prevalence 4.8%	Undiagnosed diabetes cases 17.5 million
Diabetes-related deaths 394,390	Children with Type 1 diabetes (0-19 years) 141,550

Highest adult (20-79 years) diabetes cases	
1 Egypt	8.2 million
2 Ethiopia	2.6 million
3 South Africa	1.8 million
4 Algeria	1.8 million
5 Congo, Democratic Republic of	1.7 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 425 million** people have diabetes; by 2045 this number will reach 629 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (212 million), and at a higher risk of developing harmful and costly complications
- ▶ **352 million** people are at risk of developing Type 2 diabetes, which is increasing in most countries
- ▶ **Over 1.1 million** children are living with Type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2017
- ▶ **79%** of adults with diabetes are living in low- and middle-income countries
- ▶ **1 in 7** More than 21 million live births (1 in 7) were affected by diabetes during pregnancy in 2017
- ▶ **727 billion** In 2017, diabetes caused at least US\$727 billion dollars in health expenditure—12% of total spending on adults.

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International Diabetes Federation

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Visit lionsclubs.org to learn how Lions Clubs International is serving on the frontlines of diabetes

Diabetes Fact Sheet 2018-19

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with Type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community	Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with Type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Algeria	25,705,020	1,782,280	6.93	1,171,850	42,550	12,530	112	15,913	Mauritania*	211,610	42,870	2.03	21,300	330	570	17	2,522
IDF Member: Setif Diabetes Association City: Setif IDF Email: idf-mena@idf.org									IDF Member: Association Mauritanienne de Lutte contre le Diabete City: Mauritania Phone: +222 6576005								
Angola*	11,070,510	350,780	3.17	174,320	130	5,960	9	38,976	Mauritius	925,590	227,780	24.61	121,050	40	2,610	29	7,854
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Benin	5,419,300	41,000	0.76	31,300	780	680	82	500	Morocco	22,403,390	1,641,900	7.33	705,230	31,840	9,980	137	11,985
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Ligue Marocaine de Lutte contre le Diabète City: Rabat Phone: +212 537773341								
Botswana	1,367,770	52,530	3.84	26,110	90	1,250	55	9,551	Mozambique	12,842,460	292,670	2.28	253,740	800	9,260	10	29,267
IDF Member: Diabetes Association of Botswana City: Gaborone Phone: +267 72510370									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Burkina Faso*	8,375,930	152,370	1.82	116,320	1,540	3,330	86	1,772	Namibia*	1,352,570	45,540	3.37	22,630	120	930	19	2,397
IDF Member: Association Burkinabé d'Aide aux Diabétiques City: Ouagadougou Phone: +226 70270999									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Burundi*	5,342,890	132,880	2.49	101,440	480	2,820	7	18,936	Niger*	8,381,740	167,810	2	128,110	2,750	3,030	22	7,628
IDF Member: Burundian Diabetes Association City: Bujumbura Phone: +257 77730144									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Cameroon	11,445,310	680,430	5.95	338,140	2,000	15,760	61	11,155	Nigeria*	87,270,280	1,702,940	1.95	846,290	7,500	40,330	800	2,129
IDF Member: Cameroon Diabetes Association City: Bamenda Phone: +237 77755573									IDF Member: Diabetes Association of Nigeria City: Port Harcourt Phone: +234 8033407316								
Cape Verde*	319,810	6,290	1.97	3,120	70	60	8	786	Réunion	584,670	109,690	18.76	38,950	40	-	20	5,485
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Central African Republic*	2,553,710	120,170	4.71	91,740	80	3,280	9	13,352	Rwanda	5,919,270	203,320	3.43	155,210	740	3,880	7	29,048
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Association Rwandaise des Diabétiques City: Kigali Phone: +250 788839235, +250 788538711								
Chad*	6,162,840	235,260	3.82	179,600	320	5,790	16	14,704	São Tomé and Príncipe*	91,970	1,750	1.9	870	40	20	-	-
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Comoro Islands	407,730	31,240	7.66	16,060	30	340	5	6,248	Senegal*	7,315,690	135,630	1.85	103,540	3,010	1,860	32	4,238
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Association Sénégalaise de Soutien aux Diabétiques City: Dakar Phone: +221 776398291								
Congo, Democratic Republic of*	35,554,970	1,706,700	4.80	1,302,900	1,510	28,550	136	12,549	Seychelles	66,250	7,500	11.33	3,450	0	70	8	937
IDF Member: Diabaction-Congo City: Brazzaville Phone: +242 683960									IDF Member: Diabetic Society of Seychelles City: Victoria-Mahe Phone: +248 322639								
Côte d'Ivoire*	11,093,230	217,300	1.96	107,990	890	4,960	71	3,061	Sierra Leone*	3,173,320	59,930	1.89	45,750	110	1,650	7	8,561
IDF Member: Association des Diabétiques de Côte d'Ivoire City: Abidjan Phone: +225 48473755									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Djibouti*	524,310	39,460	7.53	19,610	260	540	3	13,153	Somalia*	4,799,710	216,330	4.51	165,150	30	3,960	6	36,055
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Egypt	54,443,710	8,222,640	15.1	4,366,980	14,180	71,920	142	57,906	South Africa	33,762,210	1,826,090	5.41	1,548,520	1,890	42,620	433	4,217
IDF Member: Egyptian Diabetes Association City: Alexandria Phone: +20 35439928									IDF Member: Diabetes South Africa City: Randburg Phone: +27 118863765								
Ethiopia	49,483,960	2,567,890	5.19	1,960,330	2,280	30,970	25	102,716	South Sudan*	6,152,720	431,450	7.01	329,370	2,880	6,430	3	143,817
IDF Member: Ethiopian Diabetes Association City: Addis Ababa Phone: +251 116625808									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Gabon*	939,550	65,960	7.02	32,780	1280	920	24	2,748	Swaziland*	678,270	17,030	2.51	8,460	50	970	4	4,258
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Diabetes Swaziland City: Manzini Phone: +268 25053487								
Ghana	14,586,250	518,390	3.55	257,620	3,740	9,780	48	10,800	Tanzania	25,039,140	896,960	3.58	714,930	2,470	17,720	82	10,938
IDF Member: National Diabetes Association City: Accra Phone: +233 266821055									IDF Member: Tanzania Diabetes Association City: Dar Es Salaam Phone: +255 22 2114991								
Guinea*	6,222,290	122,190	1.96	93,280	910	2,000	28	4,364	Togo	3,650,590	172,120	4.71	158,350	810	2,650	31	5,552
IDF Member: Association Guinéenne d'Education et d'Aide aux Diabétiques City: Conakry Phone: +224 543319									IDF Member: Association Togolaise du Diabète City: Lomé Phone: +228 90159068								
Guinea-Bissau*	942,630	18,420	1.95	14,060	140	360	7	2,631	Tunisia	7,795,570	762,200	9.78	571,650	2,410	5,300	152	501
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.								
Kenya	23,147,900	458,890	1.98	165,200	2,470	7,860	205	2,238	Uganda	17,030,160	259,130	1.52	197,820	2,730	6,150	102	2,540
IDF Member: Diabetes Kenya Association City: Nairobi Phone: +254 722297071									IDF Member: Uganda Diabetes Association City: Kampala Phone: +256 772591911								
Liberia*	2,233,310	44,060	1.97	33,640	500	750	19	2,320	Zambia*	7,440,040	222,040	2.98	110,340	740	7,190	144	1,542
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Diabetes Association of Zambia City: Lusaka Phone: +260 211253825								
Madagascar*	12,132,850	372,840	3.07	284,630	1,840	4,690	89	4,189	Zimbabwe	7,782,220	99,360	1.28	75,850	580	2,760	143	695
IDF Member not applicable. Contact the IDF at idf-africa@idf.org for more information.									IDF Member: Zimbabwe Diabetic Association City: Harare Phone: +263 4251021								
Malawi*	8,032,510	195,750	2.44	149,430	800	6,820	41	4,774	Total	569,972,530	27,821,210	4.78% (average)	17,474,520	141,550	394,390	3,521	14,537 (average)
IDF Member: Diabetes Association of Malawi City: Blantyre Phone: +265 999252363																	
Mali*	7,794,800	143,450	1.84	109,510	770	2,530	25	5,738									
IDF Member: Association Malienne de Lutte contre le Diabète City: Bamako Phone: +223 20223467																	

*Data estimate provided by IDF from similar countries.