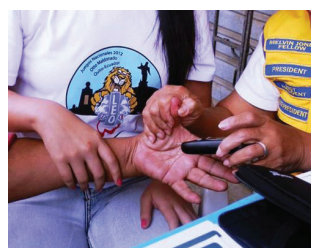




1 in 11 adults globally has diabetes¹

IMPROVING AWARENESS AND OUTCOMES



"The problem is complex," said Past International Director Dr. Nicolás Jara of Ecuador's struggle with diabetes. "Our approach to addressing it must be as well." The International

Diabetes Federation (IDF) reports 5.5 percent of Ecuadoran adults live with diabetes², deaths from which rose a staggering 51 percent in 10 years³. With obesity a primary risk factor and the percentage of overweight Ecuadoran children doubling in the last three decades⁴, this becomes very clear: The struggle is real.

A US\$65,000 LCIF Diabetes grant is delivering training and education.

Adding to funds collected locally, Lions are strategically allocating a nearly

US\$65,000 Diabetes grant from Lions Clubs International Foundation (LCIF) to collaborate with Casa de la Diabetes, an IDF member organization, to deliver much needed training and education to Cuenca and Guayaquil residents.

"Critical knowledge is lacking in Ecuador. We want to address this efficiently and effectively," said Jara. Lions are partnering with Casa de la Diabetes on diabetes prevention and management training for more than 150 healthcare professionals, who then run workshops educating thousands of patients with diabetes and prediabetes. Lions are also conducting health fairs for thousands more and expanded an overnight camp for children learning to balance their disease with childhood.

Diabetes





A Disease of Epic Proportion

49.1 million.

That's the number of people in the South and Central America (SACA) region expected to have diabetes by 2045⁵. But that's just the beginning. Consider these sobering insights into the disease the World Health Organization says is the eighth leading cause of death worldwide⁶:

127K young people in SACA have type 1 diabetes
95.8K live in Brazil⁷

75% of all government healthcare spending is diabetes-related in Mexico⁸

15.3% is the expected rise in diabetes health expenditure in SACA by 2030⁹

THAT'S HERE. GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million

20-79-year-olds had diabetes
Cases expected by 2045: 700 million

50%

of diabetes cases were undiagnosed

10%

of all health expenditure on adults was due to diabetes

374 million

people were at increased risk of type 2 diabetes

4.2 million deaths

were caused by diabetes

Type 1 diabetes has no known cause nor cure; combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behavior modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more¹⁰

LCIF AND LIONS

Funding Service, Delivering Solutions

Since 2000, diabetes' prevalence has risen more than 300%¹¹. LCIF and Lions are there, and part of the solution to this global epidemic.

DIABETES GRANTS
support screenings,
health facility access,
education, camps

**UP TO
US\$250,000**

MATCHING GRANTS
fund large-scale
construction and
equipment costs

**US\$10,000 -
US\$100,000**

**DISTRICT AND
CLUB COMMUNITY
IMPACT GRANTS**
apply to district
and club projects

**GRANT
AMOUNT VARIES**

lcif.org/diabetes

SOURCES/NOTE: ^{1,2,5,7,9}International Diabetes Federation; ³National Institute of Statistics and Censuses; ⁴Global Health Data Exchange; ^{6,10,11}World Health Organization; ⁸National Center for Biotechnology Information; grant limits subject to change



Lions Clubs International
FOUNDATION

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Diabetes is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE
BY SUPPORTING YOUR
FOUNDATION**

lionsclubs.org/donate