1 in 11 adults globally has diabetes

IMPROVING AWARENESS AND OUTCOMES

“The problem is complex,” said Past International Director Dr. Nicolás Jara of Ecuador’s struggle with diabetes. “Our approach to addressing it must be as well.” The International Diabetes Federation (IDF) reports 5.5 percent of Ecuadoran adults live with diabetes, deaths from which rose a staggering 51 percent in 10 years. With obesity a primary risk factor and the percentage of overweight Ecuadoran children doubling in the last three decades, this becomes very clear: The struggle is real.

Adding to funds collected locally, Lions are strategically allocating a nearly US$65,000 Diabetes grant from Lions Clubs International Foundation (LCIF) to collaborate with Casa de la Diabetes, an IDF member organization, to deliver much needed training and education to Cuenca and Guayaquil residents.

“A critical knowledge is lacking in Ecuador. We want to address this efficiently and effectively,” said Jara. Lions are partnering with Casa de la Diabetes on diabetes prevention and management training for more than 150 healthcare professionals, who then run workshops educating thousands of patients with diabetes and prediabetes. Lions are also conducting health fairs for thousands more and expanded an overnight camp for children learning to balance their disease with childhood.

lcif.org
A Disease of Epic Proportion

49.1 million.
That’s the number of people in the South and Central America (SACA) region expected to have diabetes by 2045. But that’s just the beginning. Consider these sobering insights into the disease the World Health Organization says is the eighth leading cause of death worldwide:

127K young people in SACA have type 1 diabetes
95.8K live in Brazil
75% of all government healthcare spending is diabetes-related in Mexico
15.3% is the expected rise in diabetes health expenditure in SACA by 2030

THAT’S HERE.
GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million
20-79-year-olds had diabetes
Cases expected by 2045: 700 million
50% of diabetes cases were undiagnosed
10% of all health expenditure on adults was due to diabetes
374 million
people were at increased risk of type 2 diabetes

4.2 million
deaths were caused by diabetes

Type 1 diabetes has no known cause nor cure; combating type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behavior modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more.

LCIF AND LIONS
Funding Service, Delivering Solutions
Since 2000, diabetes’ prevalence has risen more than 300%. LCIF and Lions are there, and part of the solution to this global epidemic.

lcif.org/diabetes

DIABETES GRANTS
support screenings, health facility access, education, camps
UP TO US$250,000

MATCHING GRANTS
fund large-scale construction and equipment costs
US$10,000 - US$100,000

DISTRICT AND CLUB COMMUNITY IMPACT GRANTS
apply to district and club projects
GRANT AMOUNT VARIES


LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.
Diabetes is just one cause area supported by LCIF and Campaign 100: LCIF Empowering Service. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

SUPPORT YOUR SERVICE BY SUPPORTING YOUR FOUNDATION
lionsclubs.org/donate