



Constitutional Area 5 The Orient and Southeast Asia



Number of clubs in this region:

15,161

Average no. of adults with diabetes in each club's community

9,209

Constitutional Area overview	
Adult population 1.3 billion	Adults with diabetes 139.6 million
Regional prevalence 11.63%	Undiagnosed diabetes cases 73.6 million
Diabetes-related deaths 1.1 million	Children with Type 1 diabetes (0-19 years) 84,299

Highest adult (20-79 years) diabetes cases	
1 China	115 million
2 Japan	7.2 million
3 Thailand	4.2 million
4 Philippines	3.7 million
5 Malaysia	3.5 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 425 million** people have diabetes; by 2045 this number will reach 629 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (212 million), and at a higher risk of developing harmful and costly complications
- ▶ **352 million** people are at risk of developing Type 2 diabetes, which is increasing in most countries
- ▶ **Over 1.1 million** children are living with Type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2017
- ▶ **79%** of adults with diabetes are living in low- and middle-income countries
- ▶ **1 in 7** More than 21 million live births (1 in 7) were affected by diabetes during pregnancy in 2017
- ▶ **727 billion** In 2017, diabetes caused at least US\$727 billion dollars in health expenditure—12% of total spending on adults.

IN PARTNERSHIP WITH



International Diabetes Federation

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Diabetes Fact Sheet 2018-19

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with Type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Brunei Darussalam*	298,140	41,080	13.78	19,930	100	280	5	8,126
IDF Member not applicable. Contact the IDF at idf.wpr@idf.org for more information.								
Cambodia	9,445,910	246,200	2.61	154,320	390	5030	17	14,482
IDF Member: Cambodia Diabetes Association City: Phnom Penh Phone: +855 92791952								
China	1,054,926,960	114,394,824	10.91	61,293,963	46,961	842,990	3,363	31,650
IDF Member: China Diabetes Association City: Beijing Phone: +86 1085158145								
Guam	113,060	26,060	23.05	12,640	0	-	-	-
IDF Member not applicable. Contact the IDF at dralisiyan@gmail.com for more information.								
Japan	93,683,300	7,234,230	7.72	3,362,620	4,440	70,350	4,656	1,554
IDF Member: Japan Diabetes Society City: Tokyo Phone: +81 338154364								
Korea	39,214,360	3,465,440	8.84	1,319,780	2,550	33,560	3,501	990
IDF Member: Korean Diabetes Association City: Seoul Phone: +82 27149064								
Laos*	3,860	115,220	2.99	61,520	138	2,550	5	23,044
IDF Member not applicable. Contact the IDF at idf.wpr@idf.org for more information.								
Malaysia	20,722,810	3,492,650	16.85	1,766,770	590	22,320	872	4,005
IDF Member: Diabetes Malaysia City: Selangor Phone: +60 379574062								
Micronesia*	57,280	6,070	10.60	3,240	0	60	4	1,158
IDF Member not applicable. Contact the IDF at dralisiyan@gmail.com for more information.								
Mongolia	1,930,850	97,760	5.06	69,270	180	1,240	16	6,110
IDF Member: Mongolian Diabetes Association City: Ulaanbaatar Phone: +976 88113704								
Philippines	60,327,460	3,721,910	6.17	2,481,396	25,540	39,390	1,556	2,392
IDF Member: Diabetes Philippines City: Mandaluyong City Phone: +63 25311278								
Marshall Islands	32,150	10,580	32.90	5,650	0	160	2	5,290
IDF Member not applicable. Contact the IDF at dralisiyan@gmail.com for more information.								
Singapore	4,411,450	605,990	13.74	327,100	260	4,390	175	34,628
IDF Member: Diabetic Society of Singapore City: Singapore Phone: +65 65649818, +65 69161390								
Taiwan	18,017,430	1,957,950	10.87	838,000	2,250	-	-	-
IDF Member: Chinese Taipei Diabetes Association City: Taipei City Phone: +886 223753352								
Thailand	50,727,420	4,208,590	8.30	1,849,390	900	44,040	716	5,878
IDF Member: Diabetes Association of Thailand City: Bangkok Phone: +662 7165412								
Total	1,353,912,440	139,624,554	11.63% (average)	73,571,589	84,299	1,066,360	15,161	9,209 (average)

*Data estimate provided by IDF from similar countries.