

Diabetes

1 in 11 adults globally has diabetes¹

IMPROVING AWARENESS AND OUTCOMES



There's a compelling reason global awareness days and months exist. In the case of diabetes, that reason is twofold: stemming a worldwide epidemic and saving lives.

According to the International Diabetes Federation (IDF), 50 percent of people with type 2 diabetes are unaware they have the disease².

Drawing on a century of serving our world in need, and on expertise garnered through delivering hope and help to one child, one family, and then one community at a time, Lions have adopted diabetes as a signature cause area.

"I encourage Lions to take advantage of LCIF grants to tackle challenges wrought by diabetes."

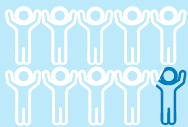
"With new Diabetes grants from Lions Clubs International Foundation (LCIF), Lions have unprecedented opportunity to take diabetes education and awareness to our neighbours," said Barry Palmer, past international president and CA VII chairperson of *Campaign 100: LCIF Empowering Service*. "I encourage Lions here and worldwide to take advantage of LCIF grants to tackle health and socioeconomic challenges wrought by this debilitating disease. With LCIF's support and our own vigor and determination, I'm confident we'll make meaningful progress and improve quality of life for so many."



A Disease of Epic Proportion

162.6 million.

According to the IDF, that's the number of people in this part of the world with diabetes³. But that's just the beginning. Consider these sobering insights into the disease the World Health Organization says is the eighth leading cause of death worldwide⁴:



~7% of adults in Indonesia have diabetes⁵

More than 10 million cases

#1 Of all IDF regions, Western Pacific ranked highest in diabetes-related deaths of 20-79-year-olds⁶



Diabetes-related health expenditure in the region

2019: **US\$162.2B**

2030: **~US\$182B⁷**

THAT'S HERE. GLOBALLY, DIABETES LOOKED LIKE THIS IN 2019:

~463 million

20-79-year-olds had diabetes
Cases expected by 2045: 700 million

50%

of diabetes cases were undiagnosed

10%

of all health expenditure on adults was due to diabetes

374 million

people were at increased risk of type 2 diabetes

4.2 million deaths

were caused by diabetes

Type 1 diabetes has no known cause nor cure; combatting type 2 diabetes — often caused by poor diet and lack of exercise — requires education and behaviour modification programs. Left untreated, diabetes can lead to blindness, nerve damage, kidney failure, stroke, heart attack, and more⁸.

LCIF AND LIONS

Funding Service, Delivering Solutions

Since 2000, diabetes' prevalence has risen more than 300%⁹. LCIF and Lions are there, and part of the solution to this global epidemic.

lci.org/diabetes

DIABETES GRANTS support screenings, health facility access, education, camps

UP TO US\$250,000

MATCHING GRANTS fund large-scale construction and equipment costs

US\$10,000 - US\$100,000

DISTRICT AND CLUB COMMUNITY IMPACT GRANTS apply to district and club projects

GRANT AMOUNT VARIES

SOURCES/NOTE: 1,2,3,5,6,7 International Diabetes Federation; 4,8,9 World Health Organization; grant limits subject to change



**Lions Clubs International
FOUNDATION**

LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Diabetes is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE
BY SUPPORTING YOUR
FOUNDATION**

lionsclubs.org/donate